



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

**Sri Venkateswara College**

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE  
(UNIVERSITY OF DELHI)**

**EVENT REPORT**

| NAME OF THE EVENT:                     |                 |                        |   |
|--|-----------------|------------------------|---|
| DATE                                   | DEPARTMENT      | COMMITTEE/SOCIETY      | COORDINATORS' NAME  |
| 30 <sup>th</sup> September 2022        | IQAC Criteria 7 |                        | IQAC Coordinator: Prof. Swarn Singh<br>Criteria VII Coordinator: Dr. Nandita Narayanasamy |
| TIME                                   | VENUE           | NUMBER OF PARTICIPANTS | NATURE: Outdoor/Indoor; online/offline/hybrid   |
| 10am-12:30pm                           | Seminar Hall    |                        | Offline   |
| FINANCIAL SUPPORT/ASSISTANCE (if any): |                 |                        |   |

**BRIEF INFORMATION ABOUT THE ACTIVITY**

|   |  |
|---|--|
| <b>TOPIC/SUBJECT OF THE ACTIVITY</b>                      | Digital Detox: Disconnect to Reconnect   |
| <b>OBJECTIVES</b>   | This event was organized to promote awareness about the excessive obsession of digital facilities and to find a way out of it, to experience the self, surroundings and the real world once again  |
| <b>METHODOLOGY</b>  | Honorable speaker shared his knowledge and vision to the students and teachers. Followed by an interactive question and answer session   |
| <b>INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)</b> | Prof. BK EV Girish   |
| <b>OUTCOMES</b>   | A total of 169 students and faculty were present during the event and were benefited by the insightful talk on digital detoxification, that highlighted the horrors of the digital world overpowering the state and well-being of our minds, and how we can overcome it. The session left a remark on the audience and they realized the gravity of the topic. |

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**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

|                                   |  |                                   |  |  |
|-----------------------------------|--|-----------------------------------|--|--|
| 1<br>Notice &<br>Letters<br><br>✓ | 2<br>Number of Participants &<br>Name of participants<br><br>✓ | 3<br>Video clip                   | 4<br>Photos<br><br>✓   | 5<br>Feedback<br>Form &<br>analysis<br><br>✓ |
| 6<br>News clip<br>with details    | 7<br>Sample Copy of the<br>Certificate<br><br>✓                | 8<br>Posters/<br>Invites<br><br>✓ | 9<br>Event report<br>Attested by<br>Event<br>Coordinator &<br>IQAC<br>Coordinator<br><br>✓ | 10<br>Any other<br>document                  |

|  |                                      |
|--|--------------------------------------|
| IQAC Document No: IQAC/SVC/2022-2023/C7/01 | Criterion No: 7                      |
| Departmental file no: NAAC/C7/01           | IQAC file No: SVC/IQAC/C7/01/2022-23 |

|                                   |  |  |
|-----------------------------------|--|--|
| NAME OF<br>TEACHER &<br>SIGNATURE | NAME OF HEAD/<br>COMMITTEE INCHARGE &<br>SIGNATURE | IQAC COORDINATOR (SEAL &<br>SIGNATURE) |
|                                   |  |  |

For Reference

|               |  |               |   |
|---------------|--|---------------|---|
| Criterion I   | Curricular Aspects (planning & Implementation) | Criterion V   | Student Support & Progression           |
| Criterion II  | Teaching Learning & Evaluation                 | Criterion VI  | Governance                              |
| Criterion III | Research, Innovations & Extension              | Criterion VII | Institutional Values & Best Practices ✓ |
| Criterion IV  | Learning Resources and Infrastructure          |               |   |

## REPORT

The Criteria 7 of IQAC cell of Sri Venkateshwara College, University of Delhi organized a session on **Digital Detox: Disconnect to Reconnect**, at 10 am, on 30<sup>th</sup> December in collaboration with Prajapati Bramha Kumaris Ishwariya Vishwavidyalaya. The esteemed speaker and guest of honor of this event was **professor BK EV Girish**, an internationally distinguished speaker, dynamic counselor, life coach, with an experience of more than 14 years of delivering talks and training programs at reputed institutions like the Indian Institute of Technology (IITs), Jawaharlal Nehru University, Indian Space Research Organization (ISRO), Indian Army, Nuclear Power Corporation of India Ltd., Infosys, etc. Special guests were Sister Neha and Sister Paramjeet Kaur from Bramha Kumaris. The event started with the respected principal of Sri Venkateshwara College, Prof. C. Sheela Reddy receiving and greeting the honorable guests.



**Prof. C. Sheela Reddy, Principal, Sri Venkateswara College and Criteria 7 coordinator along with teams members greeting professor BK EV Girish, Sister Neha and Sister Paramjeet Kaur from Bramha Kumaris.**

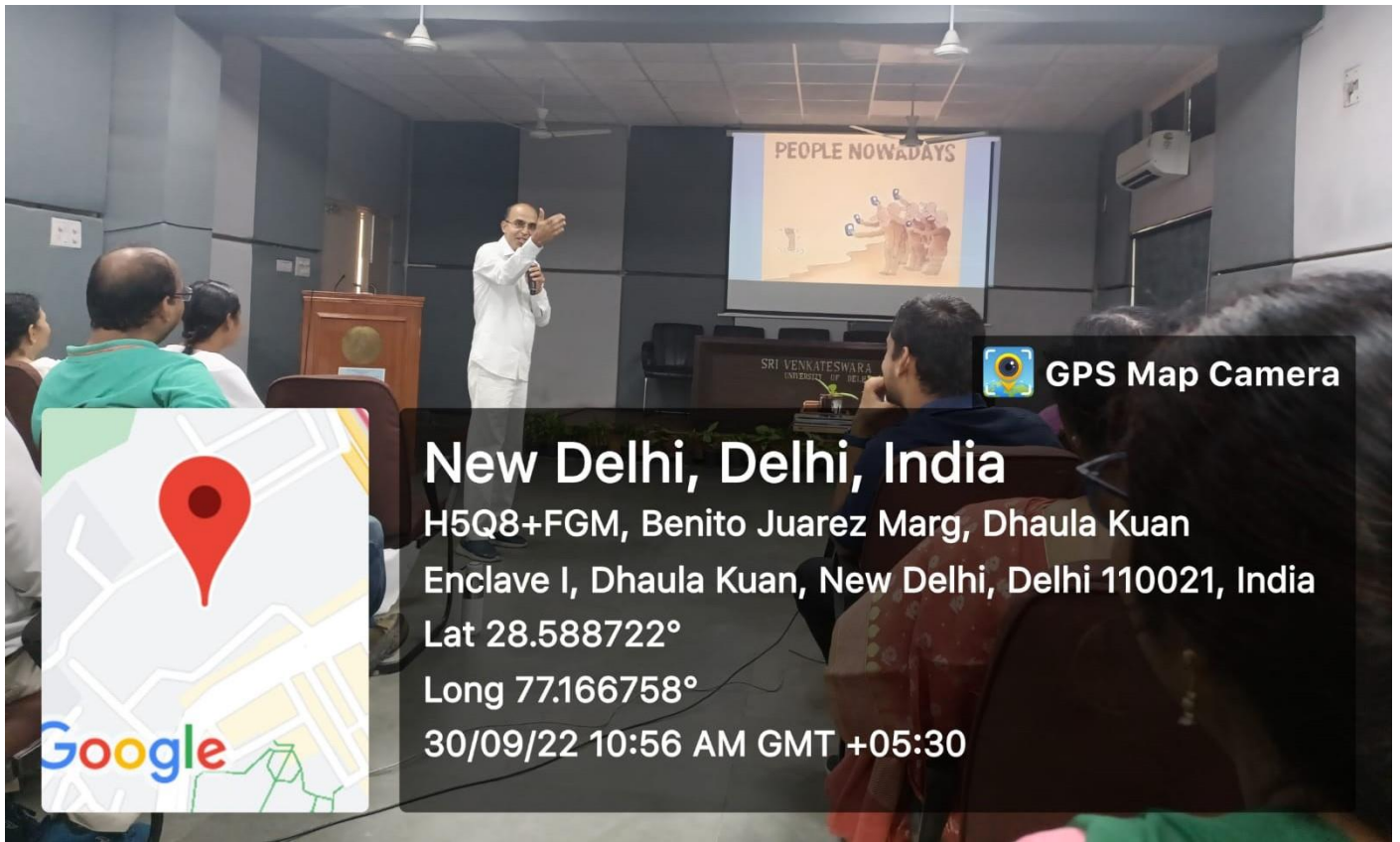


**Felicitation of the guests:** Dr. Nandita Narayanasamy and Professor S. Seenivasan felicitated the guests and, presented them with mementos.



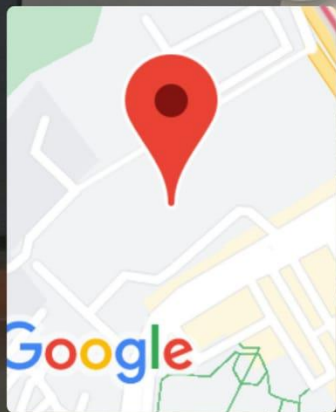
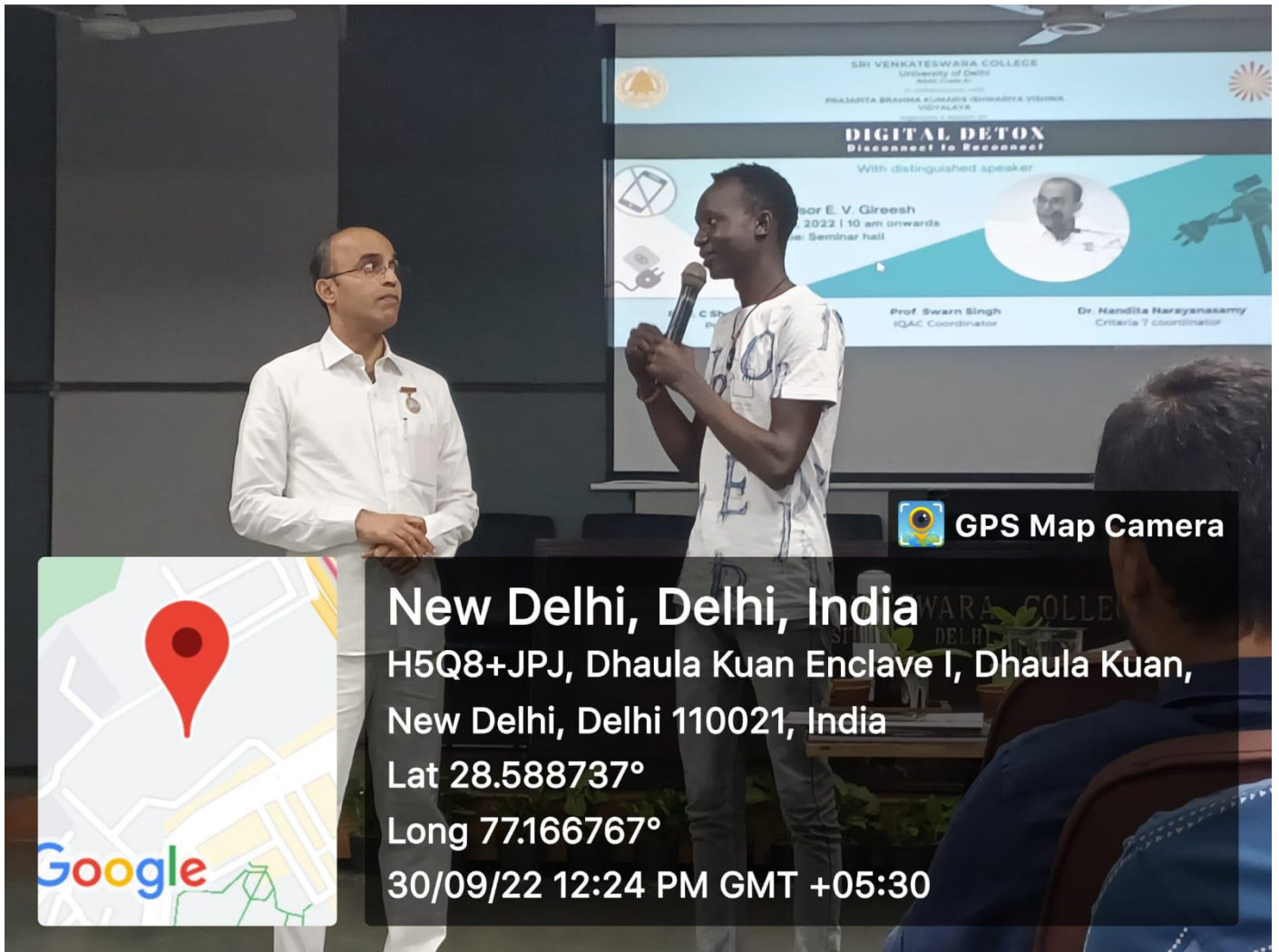
**IQAC Coordinator, Dr. Nandita Narayanasamy addressing the event**

Prof. Girish Bhai delivered a very insightful talk on digital detoxification, that highlighted the horrors of the digital world overpowering the state and well-being of our minds, and how we can overcome it. He stressed the fact that in today's never resting world, the utilization of technologies and gadgets like the internet and mobile phones has become a constant in the hemispheres of our daily lives. But if unchecked, it can develop into a serious addiction. Research concludes that this addiction is no different from addiction to drinking, smoking, or drugs. He further educated that, the happy feeling derived from binging on phones cannot be termed as happiness and that, it is only a short-term pleasure. Real happiness is on giving and being at peace with oneself. If one can do away with these tempting short-term pleasures, then one would be inherently happy. Neuroplasticity of the brain was brought to the forefront. Our brain is an astonishing organ, that has the ability to mold into, even in the most unthinkable scenarios, by making new neural networks throughout life and constantly changing and adapting to the world. He encouraged the listeners to exploit the neuroplastic property of the brain to its maximum potential, to derive its benefits and picking up good habits in our day-to-day lives. At the last but not the least, he asked the people to surf the urge of temptations to use digital technologies excessively, find balance, meditate and direct their minds to peace and logical thinking.



**Prof. BK EV Girish giving the talk**

A Q&A session was held at the end of the session where the audience put forward very thought-provoking and mindful questions. This was followed by a vote of thanks to the honorable speaker and guests, which marked the conclusion of the session.



**New Delhi, Delhi, India**

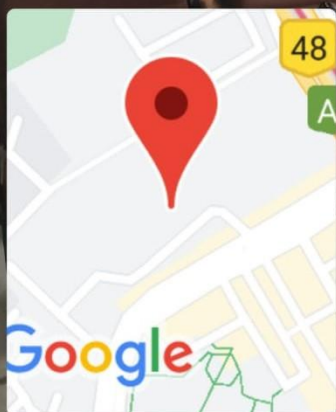
H5Q8+JPJ, Dhaula Kuan Enclave I, Dhaula Kuan,  
New Delhi, Delhi 110021, India

Lat 28.588737°

Long 77.166767°

30/09/22 12:24 PM GMT +05:30

Interaction and Q & A session being with students and faculty



**New Delhi, Delhi, India**

H5Q8+MW2, Dhaula Kuan Enclave I, Dhaula  
Kuan, New Delhi, Delhi 110021, India

Lat 28.588719°

Long 77.167086°

30/09/22 11:26 AM GMT +05:30



## **Audience of the event**



**PERMISSION FOR ORGANIZATION OF EVENTS**

**NOTE:** 1. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.  
2. Please ensure a pre booking of the venue before getting the permission letter signed.  
3. A copy of this duly filled form signed by the TIC/ Convener and Principal shall be submitted to ICT, Caretaker and IQAC Coordinator, Dr. Arpita Kaul for commerce and NSS, NCC, Placement and Sports events, Dr. Jitesh Rana for humanities events, Dr. P. Jayaraj for sciences events.

**EVENT DETAILS**

1. Name of the Department/Society /Association: IQAC - Criteria 7
2. Name of the TIC/Convener (if any): Prof./Dr./Mr./Ms. Nandite Narayanabamy
3. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or community outreach/ skill enhancement/others.....
4. Participants: Student-centric  /Faculty  /Both
5. Event Type: Offline  /Online  /Hybrid ; Indoor  /Outdoor
6. Collaborating Agency /Organization: Brahmakumari
7. Proposed Title of the Event: To be finalized
8. Tentative List of Speakers with affiliations: To be still finalized
9. Date, Time from to: 30<sup>th</sup> Sept 2022 10:00 am to 11:30 pm
10. Financial Assistance/ Funding received (if any) NA
11. Proposed Budget (please attach details in a separate enclosure): To be finalized (only required for Refreshments)
12. Faculty responsible for Geo Tagged Pictures Robin Suresh / Pooja Gokhale
13. Faculty responsible for Event Report P. Jayraj
14. ICT support required, if any (ICT Lab, Laptop, LCD projector).....
15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance)
16. Room requirement (Seminar/ any other)  Seminar room

Name & Signature of TIC/Convener  
Date: 19<sup>th</sup> Sept 2022

C. Sula Reddy  
Signature of Principal  
Date: 19/9/22

**Permission letter for the Event**



SRI VENKATESWARA COLLEGE  
University of Delhi  
NAAC Grade A+  
in collaboration with  
PRAJAPITA BRAHMA KUMARIS ISHWARIYA VISHWA  
VIDYALAYA  
organizes a session on



## DIGITAL DETOX

Disconnect to Reconnect

With distinguished speaker



**BK Professor E. V. Gireesh**  
September 30, 2022 | 10 am onwards  
Venue: Seminar hall



**Prof. C Sheela Reddy**  
Principal

**Prof. Swarn Singh**  
IQAC Coordinator

**Dr. Nandita Narayanasamy**  
Criteria 7 coordinator

Poster for the event

## Attendance



Tirumala Tirupati Devasthanams  
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**Sri Venkateswara College**  
 (University of Delhi)  
 NAAC Grade A+

### ATTENDANCE SHEET

TITLE OF THE EVENT: *Digital Detox : Disconnect to Reconnect*

DATE OF THE EVENT: *30 September 2022*

NAME OF THE DEPARTMENT/ SOCIETY: *IOAC/ Ciferata 7*

NAME OF THE EVENT COORDINATOR: *Dr. Nandita Narayanasamy*

| S.NO. | NAME OF THE STUDENT | ROLL NO. OF THE STUDENT | COURSE AND YEAR                    | SIGNATURE    |
|-------|---------------------|-------------------------|------------------------------------|--------------|
| 1     | ZEEN PETHAWAN       | 1220014                 | Biochemistry, 3 <sup>rd</sup> year | Zithra       |
| 2     | Manan Rana          | 1221023                 | Biochem (2 <sup>nd</sup> year)     | MN           |
| 3     | Mohit Kaurav Khan   | 1221052                 | Biological Sci 2 <sup>nd</sup>     | Mohit Kaurav |
| 4     | Rajat Agrawal       | 0921120                 | B. Com(P) 2 <sup>nd</sup>          | Rajat        |
| 5     | Robit Sax           | 0921147                 | B. Com(P) 2 <sup>nd</sup>          | Robit        |
| 6     | Arzan               | 1321034                 | BSc (Biological Sci)               | Arzan        |
| 7     | Shubham Bhaskar     | 1321049                 | BSc (Bio Sci) 2 <sup>nd</sup>      | Shubham      |
| 8     | Anand Prajapati     | 1321031                 | BSc (H) Bio Sci 2 <sup>nd</sup>    | Anand        |
| 9     | Aman K Jajha        | 1321053                 | BSc (H) Bio Sci 2 <sup>nd</sup>    | Aman         |
| 10    | Aaryan              | 0921125                 | B. Com(P) 2 <sup>nd</sup> year     | Aaryan       |
| 11    | Shikha Yadav        | 1321026                 | BSc Bio Science                    | Shikha       |
| 12    | Raksha              | 1321048                 | BSc Bio Science                    | Raksha       |
| 13    | Archya Kumesi       | 1421014                 | BSc (H) Botany                     | Archya       |
| 14    | Aditya Raj Th       | 1421004                 | B.Sc (H) Botany                    | Aditya       |
| 15    | Anshika Aggarwal    | 1321019                 | B.Sc (H) Bio Science               | Anshika      |
| 16    | Shivangi            | 1321009                 | B.Sc (H) Bio Science               | Shivangi     |
| 17    | Kumkar Anil         | 1321029                 | BSc (H) Bio Science                | Anil         |
| 18    | Chetna Gupta        | 1321007                 | BSc (H) Bio Science                | Chetna       |
| 19    | Kamprajya Maham     | 1321001                 | BSc (H) Biological Science         | Kamprajya    |
| 20    | Banshi Jha          | 1121044                 | BSc. Life Science                  | Banshi       |
| 21    | Anusha K            | 1121053                 | BSc. Life Science                  | Anusha       |
| 22    | RIVASARKAR          | 1121063                 | BSc - Life Science                 | Rivasarkar   |
| 23    | Akriti Tiwari       | 1421005                 | BSc. (Hons) Botany                 | Akriti       |
| 24    | Jukriti             | 1421045                 | BSc (Hons) Botany                  | Jukriti      |
| 25    | Anusha Chatur       | 1421012                 | BSc (Hons) Botany                  | Anusha       |
| 26    | Pankaj Kishor       | 1221030                 | B.Sc (H) Biochem                   | Pankaj       |
| 27    | KRISH MANTA         | 1221019                 | B.Sc (H) Biochem                   | Krish        |
| 28    | John Nihal          | 1321040                 | B.Sc (H) Biochem                   | John         |
| 29    | KRITIKA SHARMA      | 1221020                 | BSc (H) Biochemistry               | Kritika      |
| 30    | Anshika Tripathi    | 1121055                 | BSc (H) Bio Science                | Anshika      |
| 31    | Anshika Chatur      | 1321012                 | BSc (H) Biological Science         | Anshika      |
| 32    | Prayanshu Shanker   | 1421039                 | B.Sc (H) Botany                    | Prayanshu    |
| 33    | Vidhi Wadhawan      | 1320019                 | B.Sc (H) Biological Sc.            | Vidhi        |
| 34    | Smriti Sharma       | 1121037                 | B.Sc (H) Life Science              | Smriti       |
| 35    | Nandini Sharma      | 1320007                 | BSc (H) Bio Science                | Nandini      |

PAGE I, PARTICIPANTS : 35



Tirumala Tirupati Devasthanams

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Sri Venkateswara College

(University of Delhi)

NAAC Grade A+

ATTENDANCE SHEET

TITLE OF THE EVENT: *Digital Detox: Disconnect to Reconnect*

DATE OF THE EVENT: *30 September 2022*

NAME OF THE DEPARTMENT/SOCIETY: *IQAC/Criteria 7*

NAME OF THE EVENT COORDINATOR: *Dr. Nardita Narayanasamy*

| S.NO. | NAME OF THE STUDENT       | ROLL NO. OF THE STUDENT | COURSE AND YEAR | SIGNATURE          |
|-------|---------------------------|-------------------------|-----------------|--------------------|
| 1     | <i>Savanya Shyn</i>       | <i>1320005</i>          | <i>TBS</i>      | <i>[Signature]</i> |
| 2     | <i>Mohit Upadhyay</i>     | <i>1321051</i>          | <i>SBS</i>      | <i>[Signature]</i> |
| 3     | <i>MRIDUL</i>             | <i>1321036</i>          | <i>SBS</i>      | <i>[Signature]</i> |
| 4     | <i>Kunal Rai</i>          | <i>1321018</i>          | <i>SBS</i>      | <i>[Signature]</i> |
| 5     | <i>Maysak</i>             | <i>1321055</i>          | <i>SRS</i>      | <i>[Signature]</i> |
| 6     | <i>Devyanshu</i>          | <i>1321038</i>          | <i>SBS</i>      | <i>[Signature]</i> |
| 7     | <i>Lavanya</i>            | <i>1321013</i>          | <i>SBS</i>      | <i>[Signature]</i> |
| 8     | <i>MEGHA</i>              | <i>1321008</i>          | <i>SBS</i>      | <i>[Signature]</i> |
| 9     | <i>Avantika</i>           | <i>1320013</i>          | <i>TBS</i>      | <i>[Signature]</i> |
| 10    | <i>Priya Basil</i>        | <i>1320027</i>          | <i>TBS</i>      | <i>[Signature]</i> |
| 11    | <i>Jahnavi Mathur</i>     | <i>1320031</i>          | <i>TBS</i>      | <i>[Signature]</i> |
| 12    | <i>Taruna Saini</i>       | <i>1320090</i>          | <i>TBS</i>      | <i>[Signature]</i> |
| 13    | <i>Anshu Yadav</i>        | <i>1421011</i>          | <i>SBS</i>      | <i>[Signature]</i> |
| 14    | <i>Sonal Thaman</i>       | <i>1421044</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 15    | <i>Dipti Khundelwal</i>   | <i>1421024</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 16    | <i>Bhawna</i>             | <i>1421019</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 17    | <i>Priya</i>              | <i>1421038</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 18    | <i>Supriya Das</i>        | <i>1421046</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 19    | <i>Chandrashekhar</i>     | <i>1421020</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 20    | <i>Pavani</i>             | <i>1421034</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 21    | <i>Jeevika</i>            | <i>1321037</i>          | <i>SBS</i>      | <i>[Signature]</i> |
| 22    | <i>Divya keshav</i>       | <i>1121110</i>          | <i>SLS</i>      | <i>[Signature]</i> |
| 23    | <i>Chanchal Udania</i>    | <i>1121120</i>          | <i>SLS</i>      | <i>[Signature]</i> |
| 24    | <i>Pooja Chaurasia</i>    | <i>1421035</i>          | <i>CBH</i>      | <i>[Signature]</i> |
| 25    | <i>V S Shwanya</i>        | <i>1421048</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 26    | <i>Sanjana Gang</i>       | <i>1421042</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 27    | <i>Priyanka Choudhary</i> | <i>1421052</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 28    | <i>Ashwika</i>            | <i>1421013</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 29    | <i>Divya</i>              | <i>1421025</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 30    | <i>Kritika</i>            | <i>1421029</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 31    | <i>Dheeraj</i>            | <i>1421023</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 32    | <i>Ananya</i>             | <i>1421052</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 33    | <i>Aryali dutta</i>       | <i>1421009</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 34    | <i>Vaishnavi</i>          | <i>1421049</i>          | <i>SBH</i>      | <i>[Signature]</i> |
| 35    | <i>Aditi Raj</i>          | <i>1421002</i>          | <i>SBH</i>      | <i>[Signature]</i> |

PAGE I : PARTICIPANTS: 35



**ATTENDANCE SHEET**

TITLE OF THE EVENT: Digital Detox: Disconnect to Reconnect

DATE OF THE EVENT: 30 September 2022

NAME OF THE DEPARTMENT/ SOCIETY: IQAC/ Criteria 7

NAME OF THE EVENT COORDINATOR: Dr. Nandita Narayanasamy

| S.NO. | NAME OF THE STUDENT | ROLL NO. OF THE STUDENT | COURSE AND YEAR     | SIGNATURE  |
|-------|---------------------|-------------------------|---------------------|------------|
| 1.    | Ashmi Yadav         | 1921037                 | Statistics (H)-II   | Ashmi      |
| 2     | Parul Yadav         | 1221031                 | Biochemistry - II   | Parul      |
| 3.    | Nanya Nandini       | 1221028                 | Biochemistry II     | Nanya      |
| 4.    | Kyria Sen           | 1221056                 | Biochemistry - II   | Kyria      |
| 5.    | Shekhar Math Pragas | 2221035                 | Biochemistry - II   | Shekhar    |
| 6.    | Nabeela Andazi      | 1221026                 | Biochemistry - II   | Nabeela    |
| 7     | Abitha A            | 1221001                 | Biochemistry (H)-II | Abitha     |
| 8     | Geethy F S          | 1221013                 | Biochemistry (H)-II | Geethy     |
| 9     | Philippus Thon      | 1221055                 | Biochemistry (H) II | Philippus  |
| 10    | Tenzin Chondan      | 1220019                 | Biochemistry (H) II | Tenzin     |
| 11    | URVI SINGH          | 1220023                 | Biochemistry (H)    | Urvi       |
| 12    | ARUSHI GUPTA        | 1220036                 | Biochemistry (H)    | Arushi     |
| 13    | Sudiksha            | 1221042                 | Biochem (H)         | Sudiksha   |
| 14    | Shameem             | 1221057                 | Biochem - III       | Shameem    |
| 15    | Kumkum              | 1221021                 | Biochem II          | Kumkum     |
| 16.   | Tanya               | 1221046                 | Biochem II          | Tanya      |
| 17.   | Siddhant            | 1221040                 | Biochem II          | Siddhant   |
| 18.   | Medha               | 1221059                 | Biochem II          | Medha      |
| 19.   | Anushka             | 1221006                 | Biochem II          | Anushka    |
| 20.   | Aditi               | 1221002                 | Biochem II          | Aditi      |
| 21.   | Saksham             | 1221032                 | Biochem II          | Saksham    |
| 22.   | Zee man             | 1221049                 | Biochem II          | Zee man    |
| 23    | Janyash             | 1221054                 | Biochem - II        | Janyash    |
| 24    | Kareena             | 1220051                 | Biochem - III       | Kareena    |
| 25    | Murkar              | 1220005                 | Biochem - III       | Murkar     |
| 26    | M Sai Teja          | 1221024                 | Biochem - II        | M Sai Teja |
| 27    | Anagha Topley       | 0921110                 | B.Com (P) - II      | Anagha     |
| 28    | Akshat Charam       | 0921132                 | B.Com (P) - II      | Akshat     |
| 29    | Chirag Parcet       | 1220001                 | Biochem - III       | Chirag     |
| 30    | Muskan              | 0921118                 | B.Com (P) - II      | Muskan     |
| 31    | Priyanshu           | 0921143                 | B.Com (P) - II      | Priyanshu  |
| 32    | Asmita Jashi        | 0921113                 | B.Com (P) - II      | Asmita     |
| 33    | Himanshu            | 0921108                 | B.Com (P) - II      | Himanshu   |
| 34    | Tamanna             | 0921127                 | B.Com (P) - II      | Tamanna    |
| 35    | Abhay               | 0921117                 | B.Com (P) - II      | Abhay      |



**ATTENDANCE SHEET**

TITLE OF THE EVENT: Digital detox : Disconnect to Reconnect

DATE OF THE EVENT: 30 September 2022

NAME OF THE DEPARTMENT/ SOCIETY: IQAC / Airtexa 7

NAME OF THE EVENT COORDINATOR: Dr. Namdita Narayanasamy

| S.NO. | NAME OF THE STUDENT | ROLL NO. OF THE STUDENT | COURSE AND YEAR              | SIGNATURE        |
|-------|---------------------|-------------------------|------------------------------|------------------|
| 1     | Gaurav Kumar        | 0921145                 | B. Com (P) - III             | Gaurav           |
| 2     | Yusuf               | 0921215                 | B. Com (P) II                | Yusuf            |
| 3     | Shadab              | 0921103                 | B. Com (P) II                | Shadab           |
| 4     | Pragny              | 0921223                 | B. Com (P) II                | Pragny           |
| 5     | Niketa Singh        | 0921086                 | B. Com (P) II                | Niketa Singh     |
| 6     | Sanjana Bhatt       | 0921219                 | B. Com (P) II                | Sanjana          |
| 7     | Manpreet Kumar      | 0921093                 | B. Com (P) II                | Manpreet         |
| 8     | Aashika Krishna     | 0921085                 | B. Com (P) II                | Aashika          |
| 9     | Deepanshu Saini     | 0921097                 | B. Com (P) II                | Deepanshu        |
| 10    | Tapasya Khanna      | 1220039                 | B. Sc. Biochemistry          | Tapasya          |
| 11    | Nishu Kumari Verma  | 1420016                 | B. Sc Botany (III)           | Nishu            |
| 12    | Bhavya Bhatia       | 1420020                 | B. Sc Botany (III)           | Bhavya           |
| 13    | Salim Mond          | 1420015                 | B. Sc. Botany (III)          | Salim            |
| 14    | Kumar Nikhil Jyoti  | 1420030                 | B. Sc. Botany (III)          | Nikhil           |
| 15    | Minal Arora         | 1420014                 | B. Sc Botany (III)           | Minal            |
| 16    | Narain Singh        | 1420025                 | B. Sc Botany (III)           | Narain           |
| 17    | Prateek             | 1420035                 | B. Sc. Botany (III)          | Prateek          |
| 18    | M. L. Sai Suguna    | 1220002                 | B. Sc. Biochemistry          | M. L. Sai Suguna |
| 19    | Rushika             | 1220016                 | B. Sc. Biochemistry          | Rushika          |
| 20    | Rea Pasricha        | 1220026                 | B. Sc. (H) Biochemistry      | Rea              |
| 21    | Shreya Kohli        | 1220015                 | B. Sc. (H) Biochemistry      | Shreya           |
| 22    | Reva Gray           | 1220033                 | B. Sc. (H) Biochemistry      | Reva             |
| 23    | Panki Batwal        | 1220030                 | B. Sc. (H) Biochemistry      | Panki            |
| 24    | Hadiya Shamim       | 1220038                 | B. Sc. (H) Biochemistry      | Hadiya           |
| 25    | Smiti Dadar         | 1220028                 | B. Sc. (H) Biochemistry      | Smiti            |
| 26    | Ameli Prasad        | 1220025                 | B. Sc. (H) Biochem           | Ameli            |
| 27    | Aditi Mohanty       | 1420024                 | B. Sc. (H) Botany (III)      | Aditi            |
| 28    | Neha                | 1420033                 | B. Sc. (H) Botany (III)      | Neha             |
| 29    | Abhikta Kesariwani  | 1490007                 | B. Sc. (H) Botany (III)      | Abhikta          |
| 30    | Leena Tadar         | 1420004                 | B. Sc. (H) Botany (III)      | Leena Tadar      |
| 31    | Shabhat Sabu        | 1221034                 | B. Sc. (H) Biochemistry (II) | Shabhat          |
| 32    | Neha Eldose         | 1221029                 | B. Sc. (H) Biochemistry (II) | Neha             |
| 33    | Anisha Kaur         | 1121101                 | B. Sc. (H) Biochemistry (II) | Anisha           |
| 34    | Shashank Sharma     | 0921138                 | B. Com (P) III sem           | Shashank         |
| 35    | N. Venkatarath      | 1321004                 | B. Sc. (H) Botany (III)      | N. Venkatarath   |



ATTENDANCE SHEET

TITLE OF THE EVENT: Digital Detox: Disconnect to Reconnect

DATE OF THE EVENT: 30 September 2022

NAME OF THE DEPARTMENT/ SOCIETY: IQAC / Cetera 7

NAME OF THE EVENT COORDINATOR: Dr. Nandita Narayanasamy

| S.NO. | NAME OF THE STUDENT  | ROLL NO. OF THE STUDENT | COURSE AND YEAR                       | SIGNATURE     |
|-------|----------------------|-------------------------|---------------------------------------|---------------|
| 1.    | Manoj Kanyia         | 0421028                 | B.A Sanskrit 2 <sup>nd</sup> year     | Manoj Kanyia  |
| 2.    | Krishna Kumar Bada   | 2020034                 | B.Sc Zoology (H) 3 <sup>rd</sup> year | Krishna Kumar |
| 3.    | Abhinav Pratap Singh | 0921170                 | B.Com (H) 2 <sup>nd</sup> year        | Abhinav       |
| 4.    | Madhav Gupta         | 2020016                 | B.Sc (H) Zoology                      | Madhav Gupta  |
| 5.    | Pavan Kumar          | 2620045                 | B.Sc (H) Zoology                      | Pavan Kumar   |
| 6.    | Shradha Jain         | 1320017                 | B.Sc (H) Biochem                      | Shradha Jain  |
| 7.    | Faiz Dillhal         | 1121163                 | B.Sc Life Sci                         | Faiz          |
| 8.    | Gurpreet             | 1121128                 | B.Sc Life Sci                         | Gurpreet      |
| 9.    | Tanisha Bhabal       | 1221044                 | B.Sc (H) Biochemistry                 | Tanisha       |
| 10.   | Smriti Sharma        | 1121137                 | B.Sc (P) Life Sci                     | Smriti        |
| 11.   | Natasha Yadav        | 1221027                 | B.Sc (H) Biochem                      | Natasha       |
|       |                      |                         |                                       |               |
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Tirumala Tirupati Devasthanams

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Sri Venkateswara College

(University of Delhi)

NAAC Grade A+

ATTENDANCE SHEET

TITLE OF THE EVENT: Digital Detox: Disconnect to Reconnect

DATE OF THE EVENT: 30 September 2022

NAME OF THE DEPARTMENT/ SOCIETY: IQAC/Criteria 7

NAME OF THE EVENT COORDINATOR: Dr. Nandita Narayanasamy

FACULTY

| S.NO. | NAME OF THE TEACHER/STUDENT        | ROLL NO. OF THE STUDENT | COURSE AND YEAR | SIGNATURE   |
|-------|------------------------------------|-------------------------|-----------------|-------------|
| 1     | Dr. Kameshwar Sharma               |                         |                 | [Signature] |
| 2     | Dr. Tabassum Akbar                 |                         |                 | [Signature] |
| 3     | Dr. Priganka M/shree               |                         |                 | [Signature] |
| 4     | Ms. Kavita Meera                   |                         |                 | [Signature] |
| 5     | Dr. Sachin Kumar                   |                         |                 | [Signature] |
| 6     | N. Kalikamal Economics             |                         |                 | [Signature] |
| 7     | Dr. R Dhan Sujatha                 |                         |                 | [Signature] |
| 8     | Dr. Latha                          |                         |                 | [Signature] |
| 9     | Dr. Meenavathi                     |                         |                 | [Signature] |
| 10    | Dr. Satish Kumar (Botany)          |                         |                 | [Signature] |
| 11    | Dr. Yegendra K. Gautam (Botany)    |                         |                 | [Signature] |
| 12    | Dr. Narasi Venne (Zoology)         |                         |                 | [Signature] |
| 13    | Dr. Yegendra Pharkas (Zoology)     |                         |                 | [Signature] |
| 14    | Dr. Shubha Saluja (Botany)         |                         |                 | [Signature] |
| 15    | Prof. S. Sanivaram                 |                         |                 | [Signature] |
| 16    | Dr. P. Jayaraj (Zoology)           |                         |                 | [Signature] |
| 17    | Dr. Abhishek Chandra (Env. Sc)     |                         |                 | [Signature] |
| 18    | Dr. Nandita Narayanasamy (Biochem) |                         |                 | [Signature] |

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Tirumala Tirupati Devasthanams

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**Sri Venkateswara College**

(University of Delhi)

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## CERTIFICATE

This is to certify that the event " Digital Detox: Disconnect to Reconnect" was successfully conducted on 30.09.2022 from 10:00 am to 12:30 pm by IQAC Criteria 7 in the Offline mode and its event report has been submitted to IQAC for records.

*Nandika S*  
Event In-Charge

*[Signature]*  
IQAC Coordinator  
Coordinator, IQAC  
Sri Venkateswara College  
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Dhaura Kuan, New Delhi-110021

*C. Sula Ray*  
Principal  
PRINCIPAL  
Sri Venkateswara College  
Dhaura Kuan, New Delhi-110021